

ANSE newsletter N° 4, March 2020



Covid-19 has turned our lives upside down and we are all in an exceptional situation. We're all in the same boat, so to speak, and we don't know when we'll be in a safe haven again. So, we are all asked to be patient and persistent.

Well, the crisis is not only an immense challenge personally, but also for the entire supervision and coaching business. On the one hand, as consultants, we are challenged to take our clients' fears about the future and to accompany them through difficult times. At the same time, ourselves have an increased need for support and we are probably more vulnerable than before. Therefore, economical support but also intervention groups are perhaps even more important than ever. Many of us have already restructured their working format for Supervision and Coaching and turned digital. We can imagine that some of you have questions how to deal with online meetings in supervision and coaching. In our newsletter we want to offer tips and links for the success of digital meetings.

Furthermore, we want to look into the future and inform you about planned events in autumn 2020.

We wish you all a lot of strength for the next time and stay healthy.

Your ANSE board

Tips and Links for Online Supervision and Coaching in a Safe and Professional Way

As we all feel the effects of the Corona crisis in many different ways. Many of us have to restructure their working format. For example, the ANSE board had an online board meeting instead of a meeting in Sweden. We can imagine that some of you have questions about how to deal with online meetings in supervision and coaching. Therefore we collected some information for you.

Many of our members switch over on contact through chat, phone or video calling. These platforms can be very effective and supportive. What should you focus on when you start working online? ANSE doesn't provide specific rules or guidelines for online working, but we collect information from the websites of our members (associations). Of course, most of it is written in the native language of the association, but if you want to inform yourself, [Google Translate](#) can help to find out what has been written.

Inform yourself

Use the information we provide. Online coaching is different in several areas. Educate yourself if needed. [DGSv](#), [ÖVS](#), [LVSC](#), and [BSO](#) shared tips for online supervision and coaching. There is also a [Corona Home Office Guide](#) in German and a Swiss article about [Digital Coaching](#). This [Wikipedia-page](#) in German contains also a lot of helpful information

Privacy

Be aware that not all digital possibilities are privacy-proof. [LVSC](#), [ÖVS](#) shared some pages about privacy and online working.

Please share your experiences

If you have good practice examples, please share them on our social media platforms. ANSE will share them in all social media platforms, like [Twitter](#), [Facebook](#), [Instagram](#) and [LinkedIn](#). We already started topics on this.

ANSE Events in 2020

March 26-29	Board Meeting 89 (Online)
May 2020	ANSE Journal on Reflection and Reflective Learning
May 8-10	Board Meeting 90 (Online)
May 30	ANSE Quality Workshop (Online)
June 23	Conference and Celebration of 20th Anniversary of HANDIS, the Association for Supervision in Iceland (Iceland)
September 4-6	Board Meeting 90 (To be decided)
October 7-9	Board Meeting 91 (Tallinn, Estonia)
October 9-11	Presidents' Meeting and General Assembly (Tallinn, Estonia)
October	Newsletter N° 5, 2020
October 16-17	National Conference of the Swedish Association of Supervision in Psychosocial Work (Växjö, Sweden)
November 5-6	BSO annual conference "Ethics in Counselling" (Zürich, Switzerland)
November 10	Conference and Celebration of 40th Anniversary of LVSC, the Association for Supervision in the Netherlands (Netherlands)
December	ANSE Journal on Ethics
August 2021	Summer University (Latvia)

General Assembly and Presidents' Meeting

18th ANSE General Assembly (GA) is going to happen on October 10-11 in Tallinn. The Presidents' Meeting (PM) is going to be a day earlier October 9th. Estonian Association of Supervision and Coaching (ESCY) is happy to organize the GA and PM. The venue was chosen just next to the old town in the culture center called [Kultuurikatel](#). ANSE board is closely looking at the situation in Europe and we will give more information about the hotels, agenda, etc. in June. Let's hope that we will be able to meet face to face but we are also ready to organize online GA and PM if we would need it.

Supervision Quality Workshop

Is planned as an online meeting May 30th 2020.

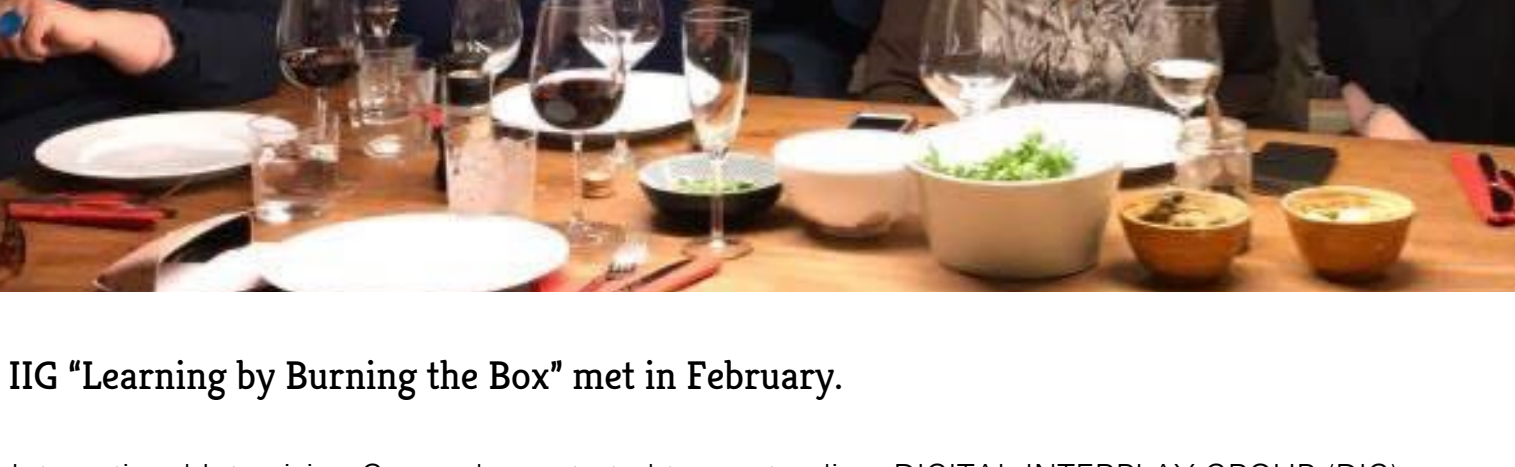
New ANSE JOURNAL Coming Soon

ANSE Journal Volume 4 – 2020 – Issue 1 will be published may 2020. The topic is "Reflection and reflective learning". At this moment we are expecting at least eight articles from six different countries.

If you subscribe to the newsletter on www.anse.eu you will get an announcement by email. Previous copies of the ANSE Journal can be downloaded from [here](#).

The next ANSE Journal Volume 4 – 2020 – Issue 2 is going to be published in the autumn of 2020 with the topic "Supervision and Ethics". Deadline to send your articles to journal@anse.eu is September 30, 2020.

International Intervention Groups



IIG "Learning by Burning the Box" met in February.

International Intervention Groups have started to meet online. DIGITAL INTERPLAY GROUP (DIG) – AN ONLINE EXCHANGE – initiated by Ella Uli Büchner met for the first time via Zoom on Feb 3 with 8 participants.

Digital formats of interaction in cyberspace are nowadays a current tool of our working environment. We start this agile and flexible setting to promote the diversity and liveliness of our exchanges, to connect easily with colleagues Europe-wide.

The DIG provides the possibility for networking from wherever you are.

There is a [Facebook Group](#) for those who are seeking a group or want to exchange information about their IIG.

News from the National Organisations

	Austria	Is preparing to host the ANSE Research & Education Conference on the topic ORGANIZATION and PEOPLE. Learning and learning processes through supervision and coaching (working title) in summer 2022 at Karl Landsteiner University Krems, close to Vienna.
	Bosnia and Herzegovina	Supervision cost has been included officially into the budgets of every social welfare organization in one part of the country.
	Croatia	A group of 25 HDSOR Croatian supervisors are participating in the child welfare supervisors education in Montenegro.
	Estonia	ESCY hosts ANSE GA and PM in October 2020 in Tallinn. Social Insurance Board has invited ESCY supervisors to come to give mental support to the frontline workers in the corona crisis.
	Germany	The DGSv has opened a platform for members to share their experiences and best practises to deal with changes initiated by corona or inspiring links like this one here .
	Hungary	The MSZCT has started the volunteer activities to support healthcare professionals in the crisis via online supervision.
	Italy	The BSC/ASC is dealing with getting supervision recognized as a profession, also working on changing the statues and opening the association also for those living outside Italy.
	Latvia	The LAS is preparing for ANSE Summer University in summer 2021.
	Lithuania	The LPSKA supervisors are volunteering in counselling social workers in the crisis, LPSKA opened the workgroup to develop the code of Ethics.
	Netherlands	LVSC has been in existence for 40 years and the association will celebrate that with a large conference on November 10, 2020, entitled Skills and Scenery, professional guidance in the 21st century.
	Norway	NOSCO had online GA in March and after GA they had an online workshop on Digital Supervision. NOSCO organized a study visit to Slovenia. As follow up of the study project, Slovenians are in the process of designing a pilot project "Young contact point". The main idea is to form a team of practitioners from different institutions to offer relevant services to young people at risk.
	Romania	ASR has implemented the first semester of supervision training for a new group of supervisors, and hope to continue the education program from September 2020. At the same time members of ASR work on renewing the regulations of the association according to present legislation.
	Slovenia	Members of DS are in the process of discussing and redefining the criteria for gaining the status of supervisor. The aim of our association is to attract as many supervisors and coaches as possible and offer them quality professional support through various forms of training.
	Switzerland	BSO will have a new managing operator in June and the annual conference will take place in Zürich November 5-6 on Ethics in Counselling.
	Ukraine	The new webpage has been launched, planning to have online conferences dedicated to topic "Online counselling".
	France	PSF encourages its members to maintain as much as possible ongoing supervision sessions with help-related professionals to keep in touch and continue to offer them a secure space for talking. The experience of the past two weeks shows that more than ever, supervision plays, its role of distancing, differentiation, and psychic de-contamination vis-à-vis the situations of end customers and even more today with the current Covid-19 pandemic's impact.
	Slovakia	ASSP will have a new board starting to act in March 2020.
	Iceland	Handis hosted a breakfast meeting on the 30th of January with 72 attendees, initiating our 20th birthday celebration program. On June 23rd Handís will have a conference with a keynote speaker Ingibjörg Jónsdóttir from Sweden to present a paper.
	Finland	STOry is planning their annual conference in June 2020. The final decision about its happening will be taken in April. STOry is welcoming ANSE board to visit them in Helsinki.
	Sweden	The association is preparing to become the ANSE full member. The Swedish association postponed their planned conference in March in Växjö to October 2020.
	Russia	National Association of Supervisors was founded on February 4, 2020. Association currently has 5 members who should finish supervision training in the end of May, 2020.

CONGRATULATIONS to LVSC in the NETHERLANDS 40 and Handís in ICELAND 20



We provide weekly updates on all platforms



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